



March

AT THE *L* SPA

pear & green apple pedicure **\$85** + TAX

Enjoy a mouth-watering blend of antioxidant-rich pear and apple which will leave your skin super hydrated. Ingredients such as Green Apple, Grape Seed Oil, Rooibos Tea and Pear will help nourish and calm your skin while Butcher's Broom will help with firming. **BONUS!** Upsize to a 15ml OPI polish for only \$8.50 (Reg. \$11.90).
* Membership discount not effective with OPI polish upsize.

8 greens facial 60 MINUTES **\$85** + TAX

Enjoy an incredibly firming and balancing facial with organic ingredients, including algae, flax seed, yucca extract and pure Hungarian thermal waters, target hormonally-imbalanced skins resulting from menopause, stress or monthly hormonal fluctuations. Skin will regain elasticity, sagging areas will bounce back, and all over skin tone will regain a youthful texture. Use the power of natural greens to fight the signs of aging!



become an *L* SPA junkie!
JOIN OUR WELLNESS MEMBERSHIP PROGRAM **\$69/mo.***

LIMITED TIME OFFER! Available until April 30, 2010. Regular membership is \$79/mo.
...includes one monthly Wellness option (\$100 value),
FREE BIRTHDAY Wellness massage, 15% off retail products and services,
PLUS unlimited \$59 Wellness massages (60 min.) each month!

Located on the main floor
of the Podollan Inn & Spa
10612 - 99TH AVENUE,
GRANDE PRAIRIE, AB

Reservations
780.830.0302

Email
INFO@LSPA.CA

Online
WWW.LSPA.CA



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