

Wellness

HAS ITS BENEFITS!



INTRODUCING OUR NEW

Wellness MEMBERSHIP PROGRAM

Our L Spa Membership program for pampering has been a resounding success! And we're excited to launch our newest program centered around wellness!

Become an L Spa **Wellness** Member and receive the **unlimited** monthly benefits of Far Infrared Sauna and Vibra Pro vibration therapy sessions!

\$129/MONTH*

PLUS, "Wellness" Members are **EXCLUSIVELY** entitled to:

40% OFF

All Tripollar Packages

15% OFF

All Tripollar Single Sessions

15% OFF

All Retail Products

MEMBER PRICING on the regular spa menu.

UNLIMITED \$59
60 min. wellness massages.

THE L SPA
AND WELLNESS CENTRE

www.lspa.ca

* MINIMUM 6 MONTH MEMBERSHIP. SEE MEMBERSHIP CONTRACT FOR FULL DETAILS.

INVEST IN SOME HEALTHY

Me Time



Far Infrared Sauna

This flu season improve your immune system while relaxing! Our 5 Person Infrared sauna was featured on Oprah with Dr. Oz. Benefits including stress relief, healthier skin, weight loss, pain relief & heart health.

Vibra Pro

Many chiropractic offices, the University of Calgary, athletes and the elderly alike, support the numerous health and wellness benefits of the Vibra Pro.

Research has proven that the Vibra Pro effectively promotes weight loss, improves muscle tone and blood circulation allowing toxins such as lactic acid to be flushed out of the body via the lymphatic system.

Whole body vibration also helps combat fatigue by increasing energy, osteoporosis by building bone density and arthritis. 10 Minutes a day can make a profound difference to YOUR health & well-being.



Introductory Super Savings on Wellness Combo Packs

	NON-MEMBER	MEMBERS
10 MIN VIBRA + 30 MIN SAUNA	\$25	\$20
1 MONTH UNLIMITED VIBRA/SAUNA	\$250	\$195
6 MONTH UNLIMITED VIBRA/SAUNA	\$150/MO	\$95/MO
10 MIN VIBRA, 30 MIN SAUNA & 45 MIN MASSAGE	\$95	\$70
10 MIN VIBRA, 30 MIN SAUNA & 60 MIN DETOX WRAP	\$150	\$130

New! at THE *L* SPA ...

TRIPOLLAR RADIO FREQUENCY TREATMENT

Would you like to regenerate collagen, tighten and tone skin as well as improve the overall texture of your skin? The L Spa and Wellness Centre is revolutionizing the way we feel about our bodies. Nipping and tucking is extremely invasive and results in quite a bit of down time, not to mention the severe discomfort. Tripollar RF technology is a new innovation that offers non invasive facial tightening and body contouring. The results are immediate and visible from the very first treatment.

CALL US FOR MORE DETAILS!

get results



TriPollar®

for immediate and long-lasting results



VIBRA PRO 5500 vibration training

Vibra Pro 5500

	NON-MEMBER	MEMBERS
		(Receive 2 x 10 MIN/MONTH)
10 MINUTES	\$10	\$8.50
15 X 10 MINUTES	\$125	\$100
1 MONTH UNLIMITED	\$150	\$125
3 MONTH UNLIMITED	\$250	\$225
6 MONTH UNLIMITED	\$450	\$375
1 YEAR UNLIMITED	\$725	\$600



FAR INFRARED sauna therapy

Far Infrared Sauna

	NON-MEMBER	MEMBERS
		(Receive 120 MIN/MONTH)
30 MINUTES	\$20	\$17
60 MINUTES	\$35	\$30
6 X 30 MINUTES	\$108	\$90
1 MONTH UNLIMITED	\$200	\$170



TRIPOLLAR radio frequency treatment

Face & Neck Areas

	SINGLE SESSION	6 SESSIONS	8 SESSIONS
EYE ZONE	\$60	\$360	\$480
FULL FACE	\$85	\$510	\$680
FULL FACE & NECK	\$100	\$600	\$800
NECK	\$70	\$420	\$560
JAW LINE	\$60	\$360	\$480
JAW LINE & NECK	\$85	\$510	\$680

Upper Body Areas

	SINGLE SESSION	6 SESSIONS	8 SESSIONS
HANDS (no fingers)	\$50	\$300	\$400
BRA BACK	\$85	\$510	\$680

	SINGLE SESSION	10 SESSIONS	12 SESSIONS
ARMS	\$85	\$850	\$1,020
ABDOMEN	\$135	\$1,350	\$1,620
LOVE HANDLES	\$75	\$750	\$900
LOVE HANDLES & ABDOMEN	\$180	\$1,800	\$2,160

Lower Body Areas

	SINGLE SESSION	10 SESSIONS	12 SESSIONS
THIGHS	\$150	\$1,500	\$1,800
THIGHS & BANANA	\$225	\$2,250	\$2,700
SADDLE BAGS & BANANA	\$95	\$950	\$1,140
BUTTOCKS	\$135	\$1,350	\$1,620
BUTTOCKS w/ BANANA ROLL	\$180	\$1,800	\$2,160



THE L SPA
AND WELLNESS CENTRE

LEADING SPAS OF CANADA

The L Spa and Wellness Centre is proud to be one of the first spas in Canada to receive "Quality Assurance Approved" status from Leading Spas of Canada. This recognizes our consistent safety and hygiene standards.



FOLLOW US ON...

www.lspa.ca

relax@lspa.ca